



**Personal Information Page
2025-2026**

Name: _____ **County:** _____ **District:** _____

Name of 4-H Club or Group: _____

Age Division: _____ **Date of Birth:** _____

Number of Years in 4-H: _____ **School Grade:** _____
(excluding Clover Kid years)

Category: _____ **Number of Years in Main Project:** _____

Address: _____ **City, State, Zip:** _____

Home Phone: _____ **Mobile Phone:** _____

Member Email: _____

I certify that the information provided in this record book is true, complete, and an accurate representation of the project work completed by the 4-H member below. I further affirm that all work, records, and accomplishments described are authentic and the result of the individual efforts of the member.

4-H Member

Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____



ABOUT ME NARRATIVE

*(Max of 3500 characters **and limited to space** below. Use Times Roman, Calibri, or Arial Font. 12 pt)*

This narrative should summarize your 4-H journey in a meaningful, reflective, and personal way. It is your opportunity to tell the story behind your record book, showcasing not just what you did, but how those experiences helped you grow. Use this space to highlight your personal development, leadership, goals, service, and how 4-H shaped who you are today.

***DO NOT INCLUDE THIS PAGE IN YOUR
RECORD BOOK. THIS IS A PLACE HOLDER FOR
THE “My 4-H Year in Photos”***

One page of photos depicting your involvement in your 4-H Projects. Be creative in your design. You can use a blank page, it does not have to include the above heading.



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Texas 4-H Record Book Report Form

SECTION I – 4-H PROJECT EXPERIENCES

Describe years involved, knowledge and skills gained, scope and activity related to projects, demonstrations, presentations, exhibits, workshops, tours, interviews, etc. Describe why these projects were important and significant and what impact your involvement provided you to have on other people. Put emphasis on the quality of your experience, rather than quantity. Please reference the level of participation/involvement as L=local, C=county, D=district, R=regional, S=state, N=national, and I=international.

*** Recommended to include at least 4 projects with your main project being your first entry. Maximum page limits: Junior - 4 pages; Intermediate – 5 pages; Senior – 6 pages.**



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SECTION II – 4-H LEADERSHIP EXPERIENCES

List what you did to assist others throughout this 4-H year. Also include general leadership such as Club Officer, 4-H County Council, or County Committees. Include elected/appointed, volunteer, and promotion leadership. Leadership Role: E-elected, A-appointed, V-volunteer, P-promotional. Level: C-club, Co-county, D-district, S-state, N-national, I-international. **Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.**

	Year	Leadership Activity	Role (E, A, V, P)	Level (C, Co, D, S, N, I)	Responsibilities / Duties / Accomplishments
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2					
3					
4					
5					
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SECTION III – 4-H COMMUNITY SERVICE

List activity, year, and your role in the activity (use Y=performed yourself, M=member of a group, P=provided primary leadership to the group). Describe why your citizenship and community service were important in these activities and what impact your involvement had on other people. Emphasize the quality of your experience, rather than its quantity. **Entry and page limits:**

Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.

	Year	Your Role (Y, M, or P)	Service Activity	Importance and Impact
1				
2				
3				
4				
5				
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SECTION IV – 4-H RECOGNITION AND AWARDS

List the honor, year received, level of award (e.g. L=local, C=county, D=district, R=regional, S=state, N=national, and I=international), and why you consider the honors listed to be the most important (i.e. How did they contribute to and provide significance toward your personal development?). **Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.**

	Year	Level (Cl, Co, D, S, N, I)	Recognition	Importance to You
1				
2				
3				
4				
5				
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SECTION V – NON-4-H ACTIVITIES

*Please describe how you spent time outside of your 4-H activities, why you devoted time to a particular activity, the impact the activity had on your personal development, and how it benefited other people. List leadership roles outside of 4-H (include school, church, other youth groups, FFA, etc.). **Limit to 1 page.***



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SECTION VI – COLLEGE & CAREER EXPLORATION

Please answer the following question before completing the required portion of the table.

As of today, what career would you choose? _____

*List activities that have helped you learn more about careers or the necessary education to enter a career. Examples of activities include interviews, tours, job shadowing, research, mentoring, work experience, skill development, course work, etc. **Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 1 page; Senior – 15 entries and 2 pages.***

	Year	Activity Title	What did you learn or do?
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			



COLLEGE & CAREER EXPLORATION NARRATIVE

College & Career Exploration Narrative (*Only required for Intermediate and Senior Books*): (Max of 3500 characters *and limited to space below*. Use *Times Roman, Calibri, or Arial Font. 12 pt*). "As of today, what career would you choose, and how have your 4-H projects helped shape or support that goal?"



ESSAY PROMPT NARRATIVE

SENIOR ONLY Essay Prompt Narrative (*This prompt will change annually*): (Max of 3500 characters *and limited to space below*. Use Times Roman, Calibri, or Arial Font. 12 pt). **Leadership & Life Skills Narrative:** Describe a challenge you faced and how you overcame it or explain a new leadership role you took on. What did you learn about yourself, and how has this experience shaped your goals, values, or approach to life?