

## BEFORE PLAN AHEAD (IF YOU CAN) ...



Freeze **containers of water and gel packs** to help keep food cold if the power goes out.



Put **appliance thermometers** in your refrigerator and freezer.

Keep **freezer 0°F** or below

Refrigerator **40°F** or below



Freeze refrigerated items such as leftovers, milk, and fresh meat and poultry that you do not need immediately.

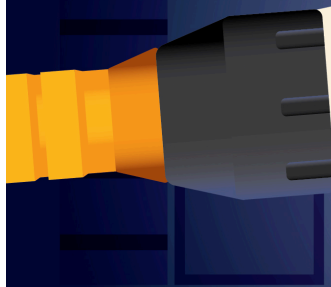
**Group foods together** in the freezer to help food stay colder longer.

If you think power will be out for more than 4 hours, consider moving food to a cooler with ice. If available, buy dry or block ice to keep the refrigerator or freezer cold.



Store non-perishable foods on higher shelves to avoid flood water.

## DURING WHILE THE POWER IS OUT ...



Keep the refrigerator and freezer doors closed **to maintain cold temperature.**

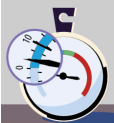


### IF DOORS STAY CLOSED ...

... a full freezer will hold its temperature for **48 HOURS** if half-full **24 HOURS**

... a fridge will keep food safe for **4 HOURS** Place perishable foods in a cooler with ice before food starts to go bad

## AFTER ONCE THE POWER IS BACK ON ...



**Check the temperature** inside your refrigerator and freezer. If they're still at safe temperatures, your food should be fine. Discard perishable foods that have been at an unsafe temperature.



Never taste food to **determine its safety!**

### WHAT CAN I KEEP?



### WHAT SHOULD I THROW OUT?



### WHEN IN DOUBT, THROW IT OUT!

# AFTER A FLOOD

## FOLLOW THESE STEPS AFTER A FLOOD:

- DO NOT EAT** any food that may have touched flood water.
- DISCARD FOOD** not in waterproof containers; screw-caps, snap lids, pull tops, and crimped tops are not waterproof.
- DISCARD** cardboard juice/milk/baby formula boxes and home canned foods.
- DISCARD** any damaged cans that have swelling, leakage, punctures, holes, fractures, extensive deep rusting, or crushing/denting severe enough to prevent normal stacking or opening.



**SANITIZE**  
1 tbs. bleach +  
1 gallon water

- Pots, pans, dishes and utensils
- Undamaged all-metal cans after removing labels