

2023 FASHION SHOW GENERAL RULES AND GUIDELINES

(NATURAL FIBER, BUYING AND CONSTRUCTION)

These rules will be used in conjunction with the Texas 4-H Fashion Show General Rules and Guidelines.

The County rules will supersede state rules for this contest.

* OVERVIEW

The 4-H Fashion Show at the county level is an optional activity that is open to all 4-H members who have completed a clothing project.

The Fashion Show has four construction division categories (Everyday Living, ReFashion, Semi-Formal to Formal, Theatre/Costume) and four buying division categories (Business/Interview, Fantastic Fashion under \$25, Semiformal to Formal, and Special Interest).

The Natural Fiber Contest has two categories: cotton and wool/mohair.

The 4-H Fashion Show is designed to recognize 4-H members who have completed a Fashion and Interior Design project. The following objectives are taught in the Fashion and Interior Design project: *knowledge of fibers and fabrics, wardrobe selection, clothing construction, comparison shopping, fashion interpretation, understanding of style, good grooming, poise in front of others, and personal presentation skills.*

* PURPOSE

The Fashion Show provides an opportunity for 4-H members to exhibit the skills learned in their project work. It also provides members an opportunity to increase their personal presentation skills.

The Fashion Show **Natural Fiber Contest** provides an opportunity for 4-H members to exhibit the skills learned related to Cotton and Wool/Mohair. It also recognizes 4-H members who do outstanding work in a clothing project that includes the study of cotton or wool and mohair.

* SENIOR: ELIGIBILITY REQUIRMENTS FOR STATE

1. Senior 4-H members who have completed and won at the county and district Fashion Show competitions can compete at the Fashion Show during Texas 4-H Roundup.
2. Each district may send one contestant from each of the four construction categories (Everyday Living, ReFashion, Semi-formal to Formal, and Theatre/Costume) and one contestant from each of the four buying categories (Business/Interview, Fantastic Fashion under \$25, Semi-formal to Formal, and Special Interest)
3. The 4-H member must choose a division and category at the county level and compete in that division at all levels. The entry worn at district must be the entry at the state contest. Accessories such as shoes, jewelry, hat, gloves, and scarfs may be changed, but changes must be included on the paperwork. The

appropriate garment category should be determined by the style, fabric, and use of the garment. No one may change divisions or categories between district and state contests.

4. 4-H members who have placed first in the district **Natural Fiber Contest** may enter the Natural Fiber Contest at Texas 4-H Roundup. District winners in the Fashion Show category in buying or construction division are no longer able to compete in the Natural Fiber Contest (**unless** they win the district Natural Fiber Contest). If a participant is a district Fashion Show buying or construction winner and a district Natural Fiber winner, they may compete in both contests.
5. *Necessary Forms*- The 2023 Texas 4-H Fashion Natural Fiber Entry Form is required for participants in the 2023 Texas 4-H Fashion Show. The 2023 Texas 4-H Fashion Buying Entry Form is required for participants in the 2023 Texas 4-H Fashion Show.
6. Participants must be present for all Texas 4-H Fashion Show activities, including orientation, judging, dress rehearsal, and Fashion Show. *4-H Scholars are excluded.*

* **PARTICIPANT: ELIGIBILITY REQUIREMENTS**

The following requirements provide as fair an opportunity as possible for participation by as many outstanding 4-H members as possible. The requirements given below apply to senior members who plan to participate in the state contest. Failure to comply with the requirements will result in disqualification or penalty deductions from the final score.

1. **Participation Eligibility:** All participants must be active 2022 -2023 4-H Members to be eligible for competition. 4-H Members who have completed and won at the County Fashion Show competition may compete at the District Fashion Show.
2. **Age divisions:** are determined by a participant's age as of August 31 of the current 4-H year in accordance with what is stated in the current Texas 4-H Rules and Guidelines. Junior and Intermediate divisions will follow district Fashion Show guidelines.

Junior Division: Grades 3 thru 5
Intermediate Division: Grades 6 thru 8
Senior Division: Grades 9 thru 12

3. **Garments:** Participants must complete a 4-H Fashion and Interior Design project between June 2022 and the district contest in the 2022-2023 4-H year. All garments/ensembles to be judged must have been purchased (renting a garment is not permitted in the buying division) or constructed during participation in a 4-H clothing project between June 2022 and the district contest in the 2022-2023 4-H year.

* **DISQUALIFICATION**

1. If the Fashion Show Entry Form and **Fashion Show Natural Fiber Entry Form** does not show that the entry meets the eligibility requirements, the entry will be disqualified.
2. If the Fashion Show Project is unfinished participant may result in disqualification.

The following additional rules and guidelines are broken into categories.**CONSTRUCTION**

1. Garments may be constructed by sewing, knitting, or crocheting. Accessories may be purchased.
2. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be constructed. Close-fitting legwear, tights, and pantyhose do not need to be constructed.
3. In Construction, first place winners may enter the same category in which they have previously been awarded a first-place entry at State. See related rule in the 2023 4-H Roundup guide.

CATEGORY DESCRIPTION

Everyday Living	Includes casual sportswear, weekend-wear, sleepwear, clothing for school, casual afterschool events, or hanging out with friends
ReFashion	The result of modifying existing clothing or fabric item (such as table cloth or curtain) into something more fashionable. The main purpose of ReFashion is creativity, as well as sewing skills. The member designs and sews a wearable garment from previously used garments or fabric item. The completed garment is different from its original use, not just an alteration. (Examples: neck ties sewn together to form a skirt or taking old t-shirts and making them into a skirt)
Semi-Formal to Formal	<p>Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same.</p> <p>Semi-formal is a little less formal than formal black tie</p> <ul style="list-style-type: none"> • Women – includes midi dresses, maxi-dresses, wrap dresses, cocktail dresses, pantsuits, and jumpsuits • Men – includes slacks and a blazer, a two-piece suit (with or without a tie), accessories that show personal style (pocket squares, dress watch, custom shoes) <p>Formal -prom, evening wedding or gala party</p> <ul style="list-style-type: none"> • Women – typically floor-length gown, a knee-length cocktail dress or classic little black dress. • Men – two or three-piece suit or tuxedo, with a shirt and tie.
Theatre/Costume	Garment intended for use as a costume, which would include stage production. May be sewn from fabric or from another garment. These garments may be unusual or innovative materials; imaginative but wearable

JUDGING CRITERIA:

Fashion Show construction judging is based on the 2023 Fashion Show Construction Score Sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork and interviews.

Participants will provide a presentation up to 5 minutes in length. Each category will be judged separately. A participant receives a 5-point deduction for not following all Fashion Show requirements, which includes not completing all forms or illegible or incorrect forms, or not turning in donor thank-you notes.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Construction skills
2. Project goals and project activities
3. Knowledge of fiber and fabric characteristics
4. Interview
5. Outfit selection

BUYING

1. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be included in the buying worksheet.
2. In Buying, first place winners may enter the same category in which they have previously been awarded a first-place entry at State, unless they have competed at the National Fashion Revue. See related rule in the 2023 4-H Roundup guide.

CATEGORY DESCRIPTION

Business/Interview Attire	<p>Entry should be an outfit you would wear for a job interview, scholarship interview, job fair, or other professional event.</p> <ol style="list-style-type: none"> 1. Professional – This is a more traditional, conservative approach (e.g., business suit or blazer, tie, and dress slacks for men, business suit, pantsuit, or jacket and dress for women) 2. Business Casual – This trend is more relaxed and comfortable but demonstrates good judgment in choices and displays a neat appearance (e.g., polo shirt, shirt with a collar or sweater, khakis or other slacks, dress or casual leather shoes, moderate length dress or skirt for women).
Fantastic Fashions under \$25	<p>This category is designed to expand the 4-H member's shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail business. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories. Do not need to account for sales tax</p>
Semi-Formal to Formal	<p>Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same.</p> <p>Semi-formal is a little less formal than formal black tie</p> <ul style="list-style-type: none"> • Women – includes midi dresses, maxi-dresses, wrap dresses, cocktail dresses, pantsuits, and jumpsuits • Men – includes slacks and a blazer, a two-piece suit (with or without a tie), accessories that show personal style (pocket squares, dress watch, custom shoes) <p>Formal -prom, evening wedding or gala party</p> <ul style="list-style-type: none"> • Women – typically floor-length gown, a knee-length cocktail dress or classic little black dress. • Men – two or three-piece suit or tuxedo, with a shirt and tie.
Special Interest	<p>Entry should be a specific outfit that you NEED to know how to purchase wisely. Entry should be something that reflects a special interest of the participant, such as equestrian clothing and riding apparel, dance costumes, hiking clothing, or rock climbing clothing.</p>

JUDGING CRITERIA:

Fashion Show buying judging is based on the 2023 Fashion Show Buying Score Sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork, presentation and interviews.

Participants will provide a presentation up to 5 minutes in length. Each category will be judged separately. A participant receives a 5-point deduction for not following all Fashion Show requirements, which includes not completing all forms or illegible or incorrect forms, missing orientation, and not turning in donor thank-you notes.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Consumer buying skills
2. Project goals and project activities
3. Knowledge of fiber and fabric characteristics
4. Interview
5. Outfit selection

NATURAL FIBER

1. The garment selected can be constructed or purchased. *Participants must complete a 4-H Fashion and Interior Design project between June 2022, and the district contest in the 2022-2023 4-H year. All garments/ensembles to be judged must have been purchased (renting a garment is not allowed in the buying division) or constructed during participation in a 4-H Fashion & Interior Design project between June 2022, and the district contest in the 2022-2023 4-H year.*
2. The Natural Fiber Contest has two categories: cotton and wool/mohair. Entry in the Natural Fiber is done by completing the Natural Fiber Entry form. The entry worn at the district contest must be the one worn at the state contest. Accessories such as shoes, jewelry, hat, gloves, and scarfs may be changed, but changes must be included on the paperwork. No one may change divisions or categories between district and state contests.
3. Garments need to meet the specific requirements of either Wool/Mohair/Alpaca or Cotton. See the table below for specific requirements.

Cotton	Each garment entered must contain a minimum of 60% cotton. Knowledge of fiber characteristics, production, and end use is required.
Wool/Mohair/Alpaca	Each garment entered must contain a minimum of: <ul style="list-style-type: none"> • 60% wool and 40% other fiber. • 60% mohair and 40% other fiber. • 60% blend of the two fibers and 40% other fiber. • 100% wool/mohair blend is also acceptable.

Wool example 1: jacket and pants made of wool, but shirt or blouse does not need to be made of wool.

Wool example 2: a full-length coat made of eligible natural fabric worn over a garment of any fiber content.

Cotton example: denim jeans with a cotton blouse and jacket need to be made from fabric with a minimum of 60% cotton.

Lining fabric, interfacing fabric, and trims are not required to meet the fiber content

JUDGING CRITERIA:

Fashion Show Natural Fiber judging is based on the 2023 Fashion Show Natural Fiber Score Sheet. A panel of judges will evaluate and score the entries based on their Fashion Show paperwork and interviews.

Each garment category will be judged separately. A participant receives a 5-point deduction for not following all Fashion Show requirements, which includes not completing all forms or illegible or incorrect forms, missing orientation, and not turning in donor thank-you notes.

If ties should occur, the ties will be broken using partial scores in the following order.

1. Promotion of Natural Fiber sub-total score.
2. Knowledge of fiber characteristics and uses sub-total score.
3. Interview sub-total score.

DUDS TO DAZZLE

Overview

In the Texas 4-H Youth Development Program, 4-H members participate in the 4-H Fashion & Interior Design project to become knowledgeable in a multitude of concentrated skills including, but not limited to, design, construction and consumer buying. The Texas 4-H Duds to Dazzle qualifying competition has taken another step in expanding the learning experience by “going green” through the introduction of eco- fashion. Objectives of this project are designed to:

- Allow participants to exhibit knowledge and skills gained through their 4-H Fashion & Interior Design project by designing, constructing, and presenting a finished product.
- Allow participants learning opportunities.
- Promote teamwork.
- Help 4-H’ers gain experience in public speaking.
- Provide leadership opportunities for young people.
- Assist youth in gaining an appreciation for recycling textiles so that they do not end up in the waste stream.

Participation Rules

1. Participation - Participants must be 4-H members currently enrolled in a Texas 4-H Youth Development county program and actively participating in the Fashion & Interior Design project.
2. Eligibility. Age divisions are determined by a participant’s age as of August 31 of the current 4-H year in accordance with what is stated in the current Texas 4-H Rules and Guidelines.
 - a. Junior/Intermediate Division: 3rd – 8th grade
 - b. Senior Division: 9th – 12th grade
3. Teams per county - Each county may enter a maximum of 2 Junior/Intermediate teams, and a maximum of 2 Senior teams. The first and second-place teams in the Senior division will advance to the state contest.
4. Team Members
 - a. Each team will have at least 3 and no more than 5 members.
 - b. Junior/Intermediate teams may include members in different age divisions. See rule #2.
 - c. Senior teams may not include members of different age divisions.
5. Substitution of team members - Substitution of team members should be made only if necessary. Only the same number of 4-H members qualifying at the county level will be eligible to participate at the district level. No more than two team members may be substituted, up to the day of competition.
6. Entry fee - Each team may be required to pay a registration fee to cover the cost of materials for the contest. The fee will be determined by the committee.
7. Design categories. There will be three categories in each age division: Wearable, Accessory/Jewelry, and Non-wearable. Teams will be randomly assigned to a category, but assignments will not be announced until check-in on the day of contest. The district may choose to limit entries to one category to encourage competition among entries.
 - a. Wearable is clothing that is suitable to be worn by people or pets. Ex: shirt, coat, vest, dress, costume, leggings, swimsuit cover, etc.
 - b. Accessory/Jewelry is an article or set of articles that can be added to an outfit to make it more useful, versatile, or attractive. Ex: apron, earrings, purse, headband, hat, belt, necklace, etc.
 - c. Non-wearable is an item that is not suitable to be worn. Ex: pillow, towel, jewelry pouch, cellphone or iPad case, stuffed animal, doll clothes, Christmas stocking, etc.
8. Attire. Each team will have the option to wear coordinating clothing appropriate for construction

and the team presentation. A team name is acceptable.

9. Resource materials. A Planning and Presentation Worksheet will be provided for each team at the contest. No other resource materials will be allowed. The following resources are available for teams to use in preparation for competition: Unraveling the Mystery of Design Elements and Principles in Clothing, Laundry on Your Own, Hand Stitching, Pricing Tips and Tricks, Safety Guide, and Simple Seaming Techniques.
10. Sewing kit. Each team must supply their own equipment for the competition. A team can choose not to include a listed item, but no additional item can be added. Kits will be checked by contest officials as teams check in for the contest. Any extra equipment will be confiscated, and the team may be disqualified. See page 8 for list.

A complete list of Duds to Dazzle Rules of Play, Sewing Kit Supply Box, and scorecard are available at: <https://texas4-h.tamu.edu/projects/fashion-interior-design/>